

LIST OF TABLES

- Table-1: The Sample Characteristic Table for the 2 Treatment x 2 Sex factorial design of the study.
- Table 2: The bivariate correlation matrix of the demographic variables and the psychological measures.
- Table-3: The mean ranks and sum of ranks for the treatment group and control group on health related quality of life, negative emotional states and spiritual well-being.
- Table-4: The result of the Mann-Whitney U- v g u v " h q t " v j g " g h h g e v " q h " related quality of life, negative emotional states and spiritual well-being.
- Table-5: V j g " o g c p " t c p m u " c p f " u w o " q h " t c p m u " h q t " ÷ U health related quality of life, negative emotional states and spiritual well-being.
- Table-6: The result of the Mann-Whitney U- v g u v " h q t " v j g " g h h g e v " q h " ÷ quality of life, negative emotional states and spiritual well-being.
- Table-7: The mean ranks the participants under the four cells of the 2 x 2 factorial design on health related quality of life, negative emotional states and spiritual well-being.
- Table-8: The result of the Kruskal-Wallis one-way analysis of variance for effect of the 2 ÷ v t g p c v ø " g z " 4 " ÷ u g z ø " h c e v q t k c n " f g u k i p " q p " j emotional states and spiritual well-being.
- Table-9: The result of the post-hoc multiple comparisons (Steele-Dwass test) for the u k i p k h k e c p v " g h h g e v " q the health related quality of life. v o g p v ø
- Table-10: The result of the post-hoc multiple comparison (Steele-Dwass test) for the significant effect of the 2 (Treatment) x 2 (sex) on the negative emotional states.
- Table-11: The result of the post-hoc multiple comparisons (Steele-Dwass test) for the u k i p k h k e c p v " g h h g e v " q h " v j well-being. ÷ v t g c v o g p v ø

- Table-12: The Beta-coefficients and Exponential Beta values for the binomial logistic regression in the prediction of physical functioning from the demographic variables, negative emotional states and spiritual well-being.
- Table-13: The Beta-coefficients and Exponential Beta values for the binomial logistic regression in the prediction of physical role limitation from the demographic variables, negative emotional states and spiritual well-being.
- Table-14: The Beta-coefficients and Exponential Beta values for the binomial logistic regression in the prediction of the prediction of emotional role limitation from the demographic variables, negative emotional states and spiritual well-being.
- Table-15: The Beta-coefficients and Exponential Beta values for the binomial logistic regression in the prediction of prediction of energy/fatigue from the demographic variables, negative emotional states and spiritual well-being.
- Table-16: The Beta-coefficients and Exponential Beta values for the binomial logistic regression in the prediction of emotional well-being from the demographic variables, negative emotional states and spiritual well-being.
- Table-17: The Beta-coefficients and Exponential Beta values for the binomial logistic regression in the prediction of social functioning from the demographic variables, negative emotional states and spiritual well-being.
- Table-18: The Beta-coefficients and Exponential Beta values for the binomial logistic regression in the prediction of pain from the demographic variables, negative emotional states and spiritual well-being.
- Table-19: The Beta-coefficients and Exponential Beta values for the binomial logistic regression in the prediction of general health from the demographic variables, negative emotional states and spiritual well-being.

LIST OF FIGURES

- Figure-1: The line graph h q t " v j g " u k i p k h k e c p v " g h h g e v " q h " v j g functioning.
- Figure-2: The line graph h q t " v j g " u k i p k h k e c p v " g h h g e v " q h " v j g role limitation.
- Figure-3: The line graph for the significant effect of the 2 ÷ v t g c v o g p v ø " z " 4 " ÷ u g z role limitation.
- Figure-4: The line graph h q t " v j g " u k i p k h k e c p v " g h h g e v " q h " v j g energy/fatigue.
- Figure-5: The line graph h q t " v j g " u k i p k h k e c p v " g h h g e v " q h " v j g
- Figure-6: The line graph h q t " v j g " u k i p k h k e c p v " g h h g e v " q h " v j g health.
- Figure-7: The line graph h q t " v j g " u k i p k h k e c p v " g h h g e v " q h " v j g depression.
- Figure-8: The line graph h q t " v j g " u k i p k h k e c p v " g h h g e v " q h " v j g
- Figure-9: The line graph h q t " v j g " u k i p k h k e c p v " g h h g e v " q h " v j g
- Figure-10: The line graph h q t " v j g " u k i p k h k e c p v " g h h g e v " q h " v j g spiritual well-being.
- Figure-11: The line graph h q t " v j g " u k i p k h k e c p v " g h h g e v " q h " v j g communal spiritual well-being.
- Figure-12: The line graph h q t " v j g " u k i p k h k e c p v " g h h g e v " q h " v j g environmental spiritual well-being.
- Figure-13: The line graph for v j g " u k i p k h k e c p v " g h h g e v " q h " v j g transcendental spiritual well-being.

LIST OF APPENDICES

- Appendix 6I : Demographic Sheet.
- Appendix 6II : RAND-36 Measure of Health-Related Quality of Life (Hays & Morales, 2001).
- Appendix 6III : Depression Anxiety and Stress Scale (DASS: Lovibond & Lovibond, 1995).
- Appendix 6IV : Spiritual Health and Life Orientation Measure (SHALOM: Fisher, 1998 & 2010).