

**PSYCHOSOCIAL PROBLEMS OF SUBSTANCE ABUSERS WITH HIV/AIDS IN
CHURACHANDPUR DISTRICT, MANIPUR**

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Interview Schedule

Schedule No. _____

Date: _____

Investigator: _____

Profile of the Respondent

1. Gender : 1 Male 0 Female
2. Age :
3. Educational status :
4. Schedule Tribe/Ethnic group :
5. Religion : 0 Christian; 1 Hindu; 2 Muslim; 3 Buddhist; 4 Other
6. Denomination :
7. Marital status :
8. Age at marriage :
9. Type of Family : 0 Nuclear; 1 Joint;
10. Settlement : 0 Migrant 1 Non-Migrant
11. House live in : 0 Owned ; 1 Rented ;
12. Type of house : 0 Kutcha/Thatched; 1 Semi Pucca; 2 Pucca
13. Number of Rooms :

Socio-Economic details of the respondent

14. Socio-Economic Category: 0 very poor; 1 Poor; 2 Non - poor

S/No	Source	Monthly Income	Annual Income
1	Salaried (private or government)		
2	Daily wage		
3	Self-employed		
4	Unemployed		
5	Minor/Children		

15. Family Access to Resources

S/No	Items	Yes	No	No of Items
1.	Water connection			
2.	Electricity			
3.	Septic tank/ Pit Latrine			
4.	Gas			
5.	Land			
6.	Ration card			
7.	Phone/ Mobile			
8.	Vehicle/ 2 Wheeler			
9.	Refrigerator			

16. Give your approximate expenditure on the followings:

S/No	Items	Amount
1.	Food	
2	Recreation	
3.	Transportation	
4.	Snacks	
5	Others	

17. Types of Drug used.

S/No	Drugs	Frequency of Daily use	Year of use	Quantity of use
1	Smoking			
2	Alcohol			
3	Pan			
4	Opium			
5	Heroin/Brown Sugar			
6	Morphine			
7	Cocain			
8	Bruprenorphine			
9	Ganja			
10	Petrol/Glue			
11	Cough Syrup			
12	Tobacco			
13	Other			

18. Source of money for buying Drugs:

S/No	Sources	Amount
1.	Father	
2	Mother	
3.	Sister	
4.	Brother	
5.	Neighbours	
6.	Relatives	
7.	Others	

19. Current residence of respondent:

- 0 With family; 1 With relative; 2 with friend;
3 With husband/wife; 4 Alone; 5 Care home

Pattern of drug use:

20. At what age did you start using drugs? _____

21. Reasons for initiating drug use:

- 0 Peer/partner influence; 1 Depression/Relieve stress;
2 Curiosity or fun; 3 Easy access to drugs peddler;
4 Others.

22. Method of drug use at initiation: Oral/injection

23. Where do you get drug equipments: _____

24. Re-use of needles and injecting equipment

- 0 Never; 1 Sometimes; 2 Always.

25. Mode of needle use:

S/No	Mode of uses	Frequency
1	Single use	
2	Multiple use	
3	Sharing with friends	
4	N. A	

26. Reasons for re-using equipment (Who re-used):

- 0 Irregular supply of equipment; 1 High Cost;
2 Uncomfortable accessing materials/injection equipment; 3 Others.

27. Do you receive any kind of the following awareness campaign?

S/no	Items	Yes	No	How many times
1.	Needle sharing			
2.	Condom use			
3.	Drug use			
4.	Others			

28. Strategies adopted to support the drug habit:

- 0 Sold personal/family belongings to buy drugs
- 1 Stolen money/valuables from others to buy drugs
- 2 Managed with income
- 3 Asking money from someone
- 4 Others

29 Frequency of drug use: _____

30 Interaction with parents:

- 0 Serious conflict with family members;
- 1 Parents showed little understanding of my needs;
- 2 Parents did not spend enough time with me;
- 3 Other.

31 At what age did you come to know about your status? _____

32 Would you like to share your status with the society members? Yes No

33 If no why?

- 0 Partner would be shattered/angry;
- 1 Fear of neglect, isolation or avoidance;
- 2 Fear of verbal abuse, teasing;
- 3 Fear of being physically abused;
- 4 I would not receive any care and support;
- 5 I would be kicked out of the house;
- 6 People would think that I am bad/immoral;
- 7 Other (Specify).

34 Do you have any sexual partner? Yes/ No

35 If yes, do your partner use drug? _____

36 Do your neighbors know about your infection? Yes/No/Don't Know

37 Do people invite you in social gatherings? Yes/ No

38 How do people behave with you in society?

- 0 Stay away from me;
- 1 Pay some respect and interest as others;

- 2 Look down upon me;
- 3 Very sarcastic;
- 4 Discriminate me from others;
- 5 Others.

39 In your family who knows about your disease?

- 0 Husband;
- 1 Wife;
- 2 Mother;
- 3 Father;
- 4 Brothers;
- 5 Sisters;
- 6 None;
- 7 All of them.

40 Does your family face any problems in the society because of your infection? Yes/No

41 If yes, what are the problems?

- 0 Refusal of the family members;
- 1 Social discrimination of the children;
- 2 Don't like to mingle with the society;
- 3 Others.

42 Are you staying with your family? Yes/No

43 If no why? _____

Psychosocial aspects:

44 According to you what are the things that happened to you because of your infection?

- 0 Excluded from a social gathering;
- 1 Lost customers to buy his/her produce/goods or lost a job;
- 2 Had property taken away;
- 3 Abandoned by spouse/partner;
- 4 Abandoned by family/sent away to the village;
- 5 Teased or sworn at.
- 6 Lost respect/standing within the family and/or community.
- 7 Gossiped about;
- 8 8 No longer visited, or visited less frequently by family and friends;
- 9 Visitors increase after infection;
- 10 Isolated within the household;
- 10 None of the above.

45 Tick your experiences listed below in the past years because of your HIV status?

- 0 Been excluded from a social gathering;
- 1 Being abandoned by my spouse/partner.
- 2 Being isolated in my household;
- 3 Been no longer visited or visited less frequently by family and friends.

- 4 Being teased, insulted or sworn at.
- 5 Lost customers to buy produce/goods or lost a job.
- 6 Lost housing or not been able to rent housing.
- 7 Being denied religious rites/services;
- 8 Had property taken away.
- 9 Being gossiped about.
- 10 Lost respect/standing within the family and/or community
- 11 Being threatened with violence.
- 12 Being given poorer quality health services.
- 13 Being physically assaulted.
- 14 Being denied promotion/further training.
- 15 Had an increase of visitors to "check out" how you are doing.
- 16 Being abandoned by my family/sent away to the village.

46 In your community, what are the primary ways people know if someone has HIV?

- 0 The infected person discloses his/her status.
 - 1 From general rumors/gossip.
 - 2 From the HIV-positive person's family.
 - 3 From the HIV-positive person's employer.
 - 4 From the HIV-positive person's friends/neighbors.
 - 5 From the health center/health care worker where the person got tested.
 - 6 The person looks ill and has lost a lot of weight.
 - 7 Other (specify).

47 Has your HIV status ever been revealed without your consent? **Yes/No/Don't know.**

48 Had a health care worker treated you unsatisfactorily at medical treatment or care?

Yes/No

49 If yes how? **1** Been ridiculed, insulted or harassed; **2** Forced to pay additional charge;
 3 Delay in treatment; **4** Others.

50 In what ways have you felt discriminated against (treated badly) by your family?

0 Don't visit me.	1 Don't touch me.
2 Don't eat with me.	3 Don't sit with me.
4 Deserted me.	5 Verbally abuse me.

6 Physically abuse me.	7 Hide me so no one knows I have HIV.
8 None of the above.	

51 Tick any of the following points if applicable to you.

- 0 Family excluded in community events.
- 1 Your children were discriminated against in school.
- 2 Nobody played with my children.
- 3 Neighbors stopped visiting the house.
- 4 Neighbors told others about my HIV status.
- 5 Verbal abuse by the community.
- 6 Was asked to leave the community.
- 7 People stare at me and pass remarks.
- 8 Others.
- 9 NA

52 Do you ever worry thinking that those who know your status will tell that to others?

Yes No

53 Would you like if your family and your close friends keep your HIV-positive status a secret?

Yes No

54 Do you think to tell someone that you have HIV is something very risky? Yes No

55 Do you make an effort to make sure that your HIV is kept a secret? Yes No.

56 What are your responses when you first know your status?

- 0 Shock;
- 1 Disbelief;
- 2 Denial;
- 3 fear and anxiety;
- 4 depression and guilt
- 5 Shame
- 6 Isolation

57 Which of the followings are witnessed by you?

- 0 Isolation;
- 1 Self Stigmatization;
- 2 Suicidal thought;
- 3 Depression;
- 4 Fewer job opportunities
- 5 Loss of family and social support;
- 6 Decreased to health care facilities.

Social Support

58 Do you feel your relatives are close enough with you? Yes/No

59 Are you a member of any religious or political associations or trade union, and regularly attend meetings and other activities? Yes/No

- 60** Would you say that you are rooted and feel a strong linkness to your:
- i. Residential area? Yes/ No
 - ii. Work mates/schoolmates and place of work/school?
Yes No
 - iii. Formal groups (union, clubs, church etc)? Yes/ No
 - iv. Family (broad sense)? Yes/ No
- 61** Do you get any type of facilities from any organization? Yes/ No
- 62** If yes what are the facilities? _____
- 63** Are you satisfied with the facilities you received? Yes/ No
- 64** If no why? _____
- 65** If you were to have problems or quarrel with others, would you then have any person that you could talk to freely to get emotional support and advice? Yes/ No
- 66** If you were to have HIV related health problems do you then have any person that you could talk to freely to get support and advice? Yes/ No
- 67** Do you have any person who totally accepts you as you are, with all your merits and shortages? Yes/ No
- 68** If you were to fall ill and need to run some errands, do you know anyone outside your own household whom you could ask? Yes/ No

Coping strategies

- 69** How do you cope up with your problems?
- 0** Rationalization;
 - 1** Seeing self as OK;
 - 2** Letting it pass;
 - 3** Turning to God
 - 4** Hoping;
 - 5** Humor;
 - 6** Changing behavior;
 - 7** Joining a support or social group;
 - 8** Disclosing HIV status;
 - 9** Speaking to others with same problem;
 - 10** Getting counseling;
 - 11** helping others to cope with the illness;
 - 12** learning from others;
 - 13** Acquiring knowledge and understanding about the disease;
 - 14** Any other.

77. Rate the severity of your problems

Sl. No	Problems	Intensity/Severity				
		Very High	High	Moderate	Low	Very low
1	Increases in mortality					
2	Declines in life expectancy					
3	Burden of Care					
4	Orphaned Children					
5	Loss of Income					
6	Stigma and Discrimination					
7	Poverty					
8	other					

78. What is the intensity of support you received from the following?

Sl. No	Names	Emotional Support					Material support				
		Very High	High	Moderate	Low	Very Low	Very High	High	Moderate	Low	Very Low
1	Family										
2	Friends										
3	Relatives										
4	Spouse										
5	NGOs										
6	GOs										

79. What is the intensity Stigma and Discrimination from the following?

Sl. No	Forms	Frequencies			
		Always	Moderate	Sometime	Never
1	Excluded from social gathering				
2	Abandoned by spouse				
3	Abandoned by family				
4	Teased or sworn at				
5	Lost respect				
6	Gossiped about				
7	Isolated				
8	Rejection				

9	Denial				
10	Disregarding				
11	Underrating				
12	Social distance				
13	Any other				

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COMMENCEMENT OF SECOND SEM	: 18 th February 2012
APPROVAL OF RSEARCH PROPOSAL	
1. BPGS	: 27 th April 2012
2. SCHOOL BOARD	: 2 nd May 2012
3. RGISTRATION NO. & DATE	: MZU/M.Phil/73 of 02.05.2012
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BIO-DATA

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H.S.S.L.C.	Arts	Council of Higher Secondary Education Manipur	46	Second
Bachelor of Arts		NEHU	47	Second
Master of Social Work	Social Work	University of Pune	62	First